

WEEK 1

01/11/2021, 22/11/2021, 13/12/2021, 03/01/2022,
24/01/2022, 14/02/2022, 07/03/2022, 28/03/2022

WEEK 2

08/11/2021, 29/11/2021, 20/12/2021, 10/01/2022,
31/01/2022, 21/02/2022, 14/03/2022, 04/04/2022

WEEK 3

15/11/2021, 06/12/2021, 27/12/2021, 17/01/2022,
07/02/2022, 28/02/2022, 21/03/2022

MONDAY

Cheese & Onion Pinwheel with Herby Diced Potatoes (V)(WG)
or
Mild Vegetable Keema Curry with Rice (Ve)(WG)
or
Jacket Potato with a Choice of Filling
Sweetcorn, Shredded Carrots
Caramelised Apple Crumble (Ve)(WG) with Custard (V)

TUESDAY

Cheese & Tomato Pizza (V)(WG)
or
Chicken & Sweetcorn Pasta Bake (WG)
or
Jacket Potato with a Choice of Filling
Rainbow Vegetables, Green Beans
Coconut Jam Slice (V)(WG)

WEDNESDAY

Chicken Style Burger with Jacket Wedges & Tomato Sauce (Ve)
or
Cajun Chicken with Jacket Wedges
or
Jacket Potato with a Choice of Filling
Broccoli, Pear & Sweetcorn
Banana Cake (V) with Custard (V)

THURSDAY

Veggie Sausage with Roast Potatoes & Gravy (Ve)
or
Roast of the Day with Roast Potatoes & Gravy
or
Jacket Potato with a Choice of Filling
**Shredded Cabbage,
Roasted Seasonal Root Vegetables**
Flapjack (Ve)(WG)

FRIDAY

Tomato & Basil Pasta Bake (V)(WG)
or
MSC Fish Fingers or Salmon Fish Fingers
with Chips & Tomato Sauce
or
Tomato Soup & Cheese Baguette (V)
Baked Beans, Garden Peas
Strawberry Jelly (Ve) with Peach Slices (Ve)

V – Vegetarian Ve – Vegan WG – Wholegrains



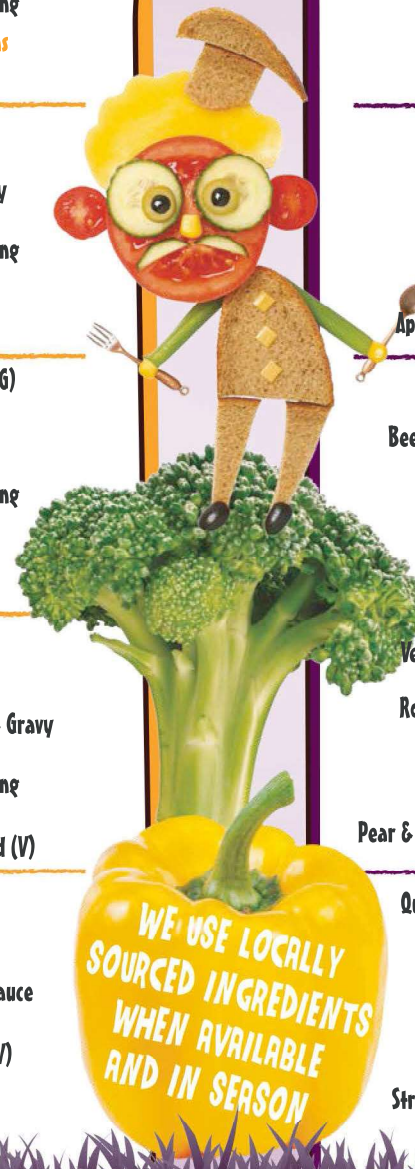
Mac & Cheese (V)
or
Mild Chickpea Curry with Bulgur Wheat (Ve)(WG)
or
Jacket Potato with a Choice of Filling
Sweetcorn & Peppers, Green Beans
Arctic Roll (V)

Shepherdess Pie (Ve)
or
Chicken Meatballs with Mash & Gravy
or
Jacket Potato with a Choice of Filling
Garden Peas, Broccoli
Raspberry Oat Slice (V)(WG)

Mild Veggie Chilli with Rice (Ve)(WG)
or
Beef Bolognese with Pasta (WG)
or
Jacket Potato with a Choice of Filling
Sweetcorn, Super Greens
St Clements Sponge (V)
with Custard (V)

Quorn Fillet with Roast Potatoes,
Stuffing & Gravy (V)
or
Roast of the Day with Roast Potatoes & Gravy
or
Jacket Potato with a Choice of Filling
Carrots, Shredded Cabbage
Peach Crumble (Ve)(WG) with Custard (V)

Quorn Fishless Fingers with Chips
& Tomato Sauce (Ve)
or
Battered Fish with Chips & Tomato Sauce
or
Tomato Soup & Cheese Baguette (V)
Baked Beans, Garden Peas
Carrot Cookie (V)



Margarita Mac & Cheese (V)
or
Veggie Mince Pie with Mash (Ve)
or
Jacket Potato with a Choice of Filling
Super Greens, Carrots
Lime Shortbread (Ve)

Veggie Lasagne (V)
or
Mild Chicken Korma with Rice (WG)
or
Jacket Potato with a Choice of Filling
Broccoli, Garden Peas
Apple & Pear Crumble (Ve)(WG) with Custard (V)

Vegetable Chow Mein (V)
or
Beef Burger with Jacket Wedges & Tomato Sauce
or
Jacket Potato with a Choice of Filling
Peas & Sweetcorn, Green Beans
Vanilla Ice Cream (V)
with Fruit Cocktail (Ve)

Veggie Sausage with Roast Potatoes & Gravy (Ve)
or
Roast of the Day with Roast Potatoes & Gravy
or
Jacket Potato with a Choice of Filling
Carrots, Broccoli
Pear & Chocolate Sponge (V) with Chocolate Custard (V)

Quorn Hot Dog with Chips & Tomato Sauce (V)
or
Battered Fish with Chips & Tomato Sauce
or
Tomato Soup & Cheese Baguette (V)
Baked Beans, Garden Peas
Strawberry Jelly (Ve) with Pineapple Chunks (Ve)



Smile food that makes you happy

(V) Suitable for Vegetarians

SERVED DAILY – FRESHLY BAKED BREAD, FRESH FRUIT, YOGHURTS AND FRESH DRINKING WATER.