

Foundational Virtues	Term	Theme	Termly Virtues	
 Appreciation and Awe	1	New Beginnings	 Optimism and Joy	 Perseverance
 Gratitude	2	Getting on and Falling Out	 Love and Kindness	 Fairness
 Honesty	3	Going for Goals	 Bravery	 Service
 Curiosity	4	Good to be me	 Self Control and Dignity	 Humility
 Leadership and Teamwork	5	Relationships	 Empathy and Perspective	 Forgiveness
 Creativity	6	Changes	 Perseverance	 Judgement and Prudence
 Respect	 British Values		 Democracy	 Tolerance & Diversity

	Objectives			Objectives
1	 Optimism and Joy	<ul style="list-style-type: none"> <li>I can find joy in everyday things.</li> <li>We can find reasons to be happy, even when things are not how we want them to be.</li> </ul>	 Perseverance	<ul style="list-style-type: none"> <li>If I find something is difficult I can tell myself to keep on going.</li> </ul>
2	 Love and Kindness	<ul style="list-style-type: none"> <li>When we listen patiently, we are showing kindness to others.</li> <li>Love and kindness help us to make many friends.</li> </ul>	 Fairness	<ul style="list-style-type: none"> <li>We have to see things from all sides to know what is fair, because fairness can mean giving more to people who have less.</li> </ul>
3	 Bravery	<ul style="list-style-type: none"> <li>We should be brave enough to be ourselves and not follow the crowd.</li> <li>Sometimes our body rightly tells us to be afraid. At other times, we should take a deep breath to control our fear and do what we need to do.</li> </ul>	 Service	<ul style="list-style-type: none"> <li>I serve my class by being tidy and helpful.</li> <li>I can serve others by doing my bit to care for the environment.</li> </ul>
4	 Self Control and Dignity	<ul style="list-style-type: none"> <li>Self-control means I am in charge of my body.</li> <li>Self-control helps me make decisions that are better in the long run, even if they're difficult now.</li> </ul>	 Humility	<ul style="list-style-type: none"> <li>Being humble means not showing off.</li> <li>Being humble means, we notice when other people are good at things.</li> </ul>
5	 Empathy and Perspective	<ul style="list-style-type: none"> <li>When I think about other people's feelings, I show empathy.</li> <li>Having perspective helps me to have a balanced view.</li> </ul>	 Forgiveness	<ul style="list-style-type: none"> <li>When someone hurts me, I can show love and kindness by forgiving them.</li> <li>It can feel very unfair to forgive someone, but it is better for you in the long run.</li> </ul>
6	 Perseverance	<ul style="list-style-type: none"> <li>Believing I can do something helps me to persevere, even when it is difficult for me.</li> </ul>	 Judgement and Prudence	<ul style="list-style-type: none"> <li>When I think about my options carefully, I make a good judgement. I can decide how best to react to things.</li> <li>I know what it means to be prudent with money.</li> </ul>

	 <p>Respect</p> <ul style="list-style-type: none"> <li>• I have respect for myself and my family.</li> <li>• I have respect for other people and their rights.</li> <li>• I have respect for my school and my community.</li> </ul>	 <p>Democracy</p> <ul style="list-style-type: none"> <li>• I share my views and opinions with others.</li> <li>• I take part in class discussions and voting.</li> <li>• I support the work of the CAT Team in the school.</li> </ul>
	 <p>Tolerance &amp; Diversity</p> <ul style="list-style-type: none"> <li>• I understand that people can be different in lots of ways and yet they are equally special.</li> <li>• I understand there are many beliefs in the world that other people may have, which may be different to my own.</li> <li>• I know there is much that I have in common with people who seem different to me.</li> </ul>	 <p>British Values</p> <ul style="list-style-type: none"> <li>• Democracy</li> <li>• Rule of Law</li> <li>• Individual Liberty</li> <li>• Mutual Respect</li> <li>• Tolerance</li> </ul>