



# TWERTON INFANT SCHOOL & NURSERY

Tuesday 29th June 2021

Dear Parents and Carers,

With the number of cases of COVID-19 rising locally, it is important that we continue to follow the government guidance and familiarise ourselves to any changes and updates.

## Key Public Health Messages

1. All adults in households with children aged under 11 are asked to continue to **undertake LFD testing at least twice a week.**
2. In the event of a positive LFD result, or the onset of COVID symptoms, a **PCR test must be taken** to confirm the case, and the individual and their contacts must self-isolate immediately.
3. **Contacts** of a positive case are now also **encouraged to take a PCR test**, even without symptoms, to quickly detect secondary cases. Please note that if a contact's PCR test is negative, they must still continue to isolate for the remainder of their isolation period as they could still be incubating the virus.
4. Public Health England recommend that **children with non-COVID specific symptoms of acute respiratory infection do not go into school if they are unwell**, as a general rule, and seek a PCR test if they (or their families) progress to COVID 19 symptoms whilst unwell.

Symptoms of a respiratory infection include:

- a cough – you may bring up mucus (phlegm)
- sneezing
- a stuffy or runny nose
- a sore throat
- headaches
- muscle aches
- breathlessness, tight chest or wheezing
- a high temperature
- feeling generally unwell

More information about respiratory tract infections:

<https://www.nhs.uk/conditions/respiratory-tract-infection/>

Take care,

George Samios  
Headteacher